



Humanitarian Operations Programme (HOP) Core

Humanitarian Operations Programme (HOP) Core is a five-day training programme which aims to strengthen knowledge, skills and behaviours to respond effectively/prepare to respond to emergencies.

HOP Core is an entry-level programme aimed at staff from humanitarian agencies as well as individuals who are interested in a career in humanitarian work and a better understanding of the fundamental principles of humanitarian action. This could include either people who are looking for a route into the sector or those who want to make the transition from a development to a more emergency focused role.

The programme is also aimed at individuals who work in the humanitarian sector but who have not received formal training in the past.

HOP Core runs over five days and comprises:

2.5 days teaching sessions

Participants choose from a catalogue of sessions including

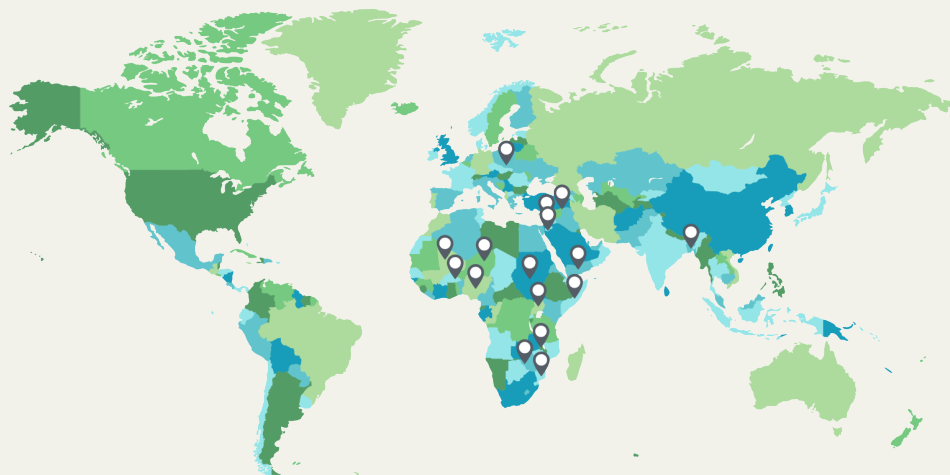
- Introduction to Humanitarian Action
- Accountability in Emergencies
- Gender Equality in Humanitarian Action
- Safeguarding in Emergencies
- Humanitarian Dilemmas
- Introduction to Proposal Writing
- Needs Assessments in Emergencies
- Wellbeing in Emergencies

2.5 days desk-based scenario

Including mentoring and debriefing



HOP Core runs in-country and participants are individuals from INGO and national partners who work in the specific host-country.



Currently, HOP Core is delivered by our Regional Centres in East and Southern Africa, West and Central Africa and the Middle East, North Africa and in Eastern Europe. We have trained INGO staff and national partners in Uganda, South Sudan, Zambia, Mali, Burkina Faso, Nigeria and Bangladesh.

What our learners have to say

100% of graduates would recommend the training to others.



"The content was rich, well-organised and well presented. It is something I will keep referring to as I progress in my career." - **Participant in Zambia**



"In all the workshops I have attended home and abroad, this was the most interactive, inclusive and participatory." - **Participant in Nigeria**



"I enjoyed learning about different perspectives, exchanging experiences, and establishing connections with fellow humanitarians." - **Participant in Poland**



"The HOP training was the one training that finally connected all the dots I had in my head about the humanitarian world." - **Participant in Nigeria**



"A fantastic initiative that every personnel working in emergency response should undertake." - **Participant in South Sudan**

How do I sign up?

Enquiries can be made for the attention of the HLA Strategic Project Lead for Leadership.

Email: info@humanitarian.academy

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